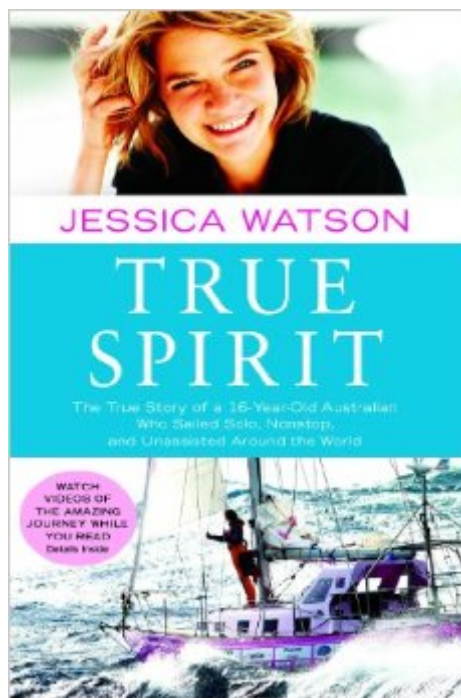


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# True Spirit: The True Story Of A 16-Year-Old Australian Who Sailed Solo, Nonstop, And Unassisted Around The World



## Synopsis

On May 15, 2010, after 210 days at sea and more than 22,000 nautical miles, 16-year-old Jessica Watson sailed her 33-foot boat triumphantly back to land. She had done it. She was the youngest person to sail solo, unassisted, and nonstop around the world. Jessica spent years preparing for this moment, years focused on achieving her dream. Yet only eight months before, she collided with a 63,000-ton freighter. It seemed to many that sheâ™d failed before sheâ™d even begun, but Jessica brushed herself off, held her head high, and kept going. Told in Jessicaâ™s own words, *True Spirit* is the story of her epic voyage. It tells how a young girl, once afraid of everything, decided to test herself on an extraordinary adventure that included gale-force winds, mountainous waves, hazardous icebergs, and extreme loneliness on a vast sea, with no land in sight and no help close at hand. *True Spirit* is an inspiring story of risk, guts, determination, and achievement that ultimately proves we all have the power to live our dreamsâ”no matter how big or small.

## Book Information

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## Customer Reviews

Every once in a blue moon someone comes along and has a different take on how to live life. All of us, when we were young, read about people doing amazing things, but how many of us, when the book was put down, said to themselves, "I could do that " and then went about doing it! Imagine what chain of events would have had to occur for a teenager who was washing dishes to pay for sailing experience, with no boat and only a dream, to become the girl who two years later would sail into Sydney harbor to the rapturous welcome of tens of thousands of fans, the public praise of the Prime Minister, and international sailing stardom! Written, first person, in an engaging and

understated style, the book "True Spirit" is the story of how a young girl from an adventurous family was taken by the dream of sailing around the world, solo, nonstop and unassisted after hearing a book by Jesse Martin. Martin, who had circumnavigated ten years before, had written how he was just an average person with a dream. Through hard work and dogged perseverance, Jessica replicates his achievement a few days short of her seventeenth birthday. Jess's charming personality really comes through in the book, as it did in the captivating blogs she wrote during the voyage. "True Spirit" starts with Jessica's life before the dream takes hold at age eleven. Jessica gives some background of her unusual childhood living on a boat, and on the development of her taste for adventure. Following, is a description of how all the various pieces came together, from preparing the boat, to the sponsorships and public debate over her age, and the wisdom of someone so young undertaking such a difficult and possibly deadly voyage.

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